

The brain is...



The brain is made of neurons. They connect to form pathways through the brain.

Ben



The brain is like a computer with hard-wired electrical circuits.

Lilly



The brain is made of neurons and fully formed at the end of childhood.



Evie

The brain is a muscle. The more you practise, the stronger it gets.



Pat

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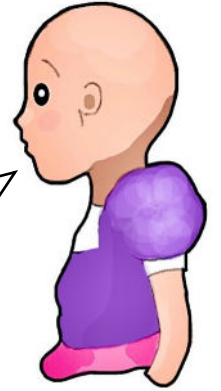
Tam

A caregiver 'shapes' the brain of a baby and young child...



Tyrell

A caregiver tends to the needs of a child and can include close and extended family members, childminders, nursery practitioners.



Millie

When we talk about 'caregivers' we are talking about the child's parents.

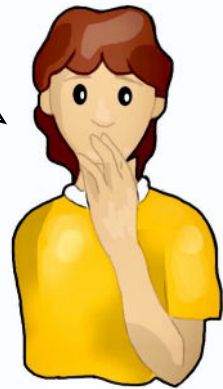


A caregiver is somebody who cares for somebody when they are sick.



Evie

Everybody is a 'caregiver' for a child. That's why there is a saying "*it takes a village to raise a child*".



Pat

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Teigan

Should we talk to a baby?



Tyrell

There's no benefit in talking to a baby. Not until they can say some words!

Start talking to a baby as soon as they are born. Talk to them normally – that way they will learn how to speak properly.



Tam

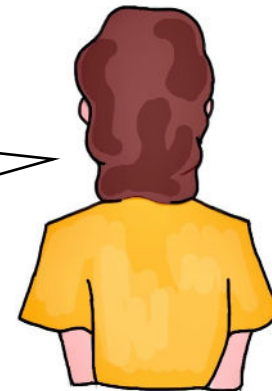
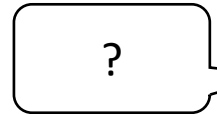


I talk to a baby in a sing song voice and exaggerate my face when I speak... it's like... 'baby talk' and really fun!



Lilly

It's not important in the first few weeks as they cannot speak. When they start making babbling sounds, then it is fun to chat!



Pat



Ben

Supporting brain development through playing with building blocks.

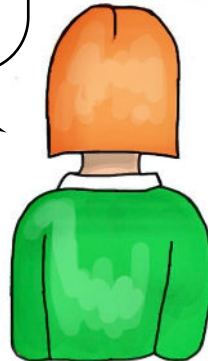


Tam

I'm going to let you play by yourself. It will help build your creative skills. It gives me time to check my email.

We will build a tower. I will show you how to do it first then you try. If you can't do it, I will help you by telling you how.

Teigan



What would you like to make? I'm here if you need me... Wow! What are you building with those red bricks? How about this brick, can you use it?

Evie



I love bricks! You can play over there with those. I will make a castle here out of these bricks. Let's see who's is best!

Pat

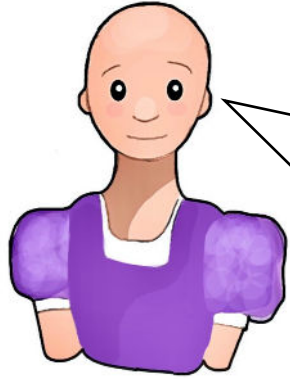


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Lilly



How do you grow a healthy brain during childhood?



Millie

It's important to have strict rules – teach them right from wrong early in life. Then their brain will be healthy for the future.



Lilly

I think it's a bit of everything... the right food, learning, playing... but it is most important to show that you love and care for them!



Don't be silly! You can't 'grow' a healthy brain. Our bodies grow depending on the genes we get from our parents. You can't change that!



Tam

I was always told the best thing is to read to a child. Books help language develop and this helps the brain.



Tyrell

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Ben

