

SEEN Programme (Primary)

Pre-Lesson Quiz

Introduction:

Hi. Before we get started on the lessons, let's find out what you already know about young children and their brains.

We are going to ask you a number of questions. Select whichever answers you think are correct. Don't worry, we do not know who is answering the questions. If you don't know the answer, that's okay, just choose the 'I don't know' option.

Thanks for taking part!

Student ID:

To create an anonymous and unique student ID, we are going to ask you 3 questions. Your answers will make your student ID.

Q1. What are the initials of your full name?

For example, John James Smith would write JJS. Arjun Patel would write AP.

Q2. What are the first 3 letters of your favourite TV show/series?

If the title begins with 'The', please use the next word.

For example, The Simpsons, you would write 'Sim' and Doctor Who, would be 'Doc'.

Q.3 What is your house number or name?

For example, if you live at 10 Downing Street, you would write 10.

Or if you live at Holly House, you would write Holly House.

If you have moved house since doing the first quiz, please use the house number or name of where you used to live.

Your Student ID is: XXX

Demographic Questions:

Q1. What school do you go to?

Q2. What year group are you in?

- a. Year 3
- b. Year 4
- c. Year 5
- d. Year 6

Multiple Choice Questions

Q1. What is the role of the brain? *(Tick any that are correct)*

- a) to form and store memories
- b) to control the movement of your legs
- c) to control breathing
- d) to help you think and learn
- e) I don't know

Q2. What is the brain made of? *(Choose one answer)*

- a) muscle cells
- b) neurons
- c) bone
- d) jelly
- e) I don't know

Q3. Which of the following best describes brain development (or growth) in the first 5 years of life? *(Tick any that are correct)*

- a) the brain grows very fast
- b) the brain's structure is determined by the experiences a child has.
- c) the brain is fully grown at birth
- d) a child's caregiver plays an important role in brain growth

e) I don't know

Q4. Which of the following will help a baby's brain grow healthily? (Tick any that apply)

- a) eating nutritious food
- b) a parent or carer reading a book
- c) a carer singing to the baby
- d) growing up in a safe and caring home
- e) playing peekaboo
- f) I don't know

Q5. Which of the following best describes why early brain development (or growth) is important? *(Tick any that apply)*

- a) it helps a child learn and do better at school
- b) it forms a strong base for lifelong health and wellbeing
- c) it doesn't matter – the brain grows throughout life
- d) because this is when all memories form
- e) I don't know

End of survey:

Thank you, you have now completed this quiz!

We hope you enjoy taking part in the lessons!